



ACADEMIC RESEARCH FORUM



SYMBIOSIS
Centre for Distance Learning

WEBINAR

on

“Be the Best You”

The webinar attempts to answer the following questions:

- Who is eligible to fulfil individual potential and what are the pre-requisites?
- Why is it necessary to fulfil individual potential and be our best?
- What resources do we have to fulfil our potential?
- How to plan individual potential fulfilment and lead our Dream Life?

Scope of Webinar:

- Awareness about how Life drives us
- Formula for Success in any endeavour
- Rainbow of Consciousness and how to optimize the same for enriching our Life
- Importance of our Core Belief System and influencing the same with Yoga-science and Neuro-science

Objective:

- To get inspired to be our best, improve continuously and lead our Dream Life
- To develop right set of Rational Beliefs, Useful Competencies and Beneficial Habits

Duration: 2 hours | **Timing:** 2:00 pm to 4:00 pm | **Date:** 26th Feb 2016

Book the Webinar from Student Login under View or Book Virtual Class menu

Speaker:

Mr. Prasad Auty

M. Tech. (IIT, Mumbai), Over 25 years of experience in IT industry, Author of Management Books, Popular as the 'CATALYST' for Persistent Leadership Programs

Target Audience

SCDL Students & Academic Faculty

Symbiosis Centre for Distance Learning

Symbiosis Bhavan,

1065 B, Gokhale Cross Road, Model Colony,
Pune - 411016, Maharashtra, India.

Phone: +91-20-6621 1000 (Huntinglines)

Fax: +91-20-6621 1040/6621 1041